# NEWMAN CHURCHLANDS SWIM CLUB

## Squad Timetable – SUMMER

Effective from 1 November 2026

| SQUAD | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|---|
| **MORNING** | | | | | | |
| **Age National**<br>Coach: Davide | – | – | – | – | 5:30–7:30am | 6:00–9:00am |
| **Age State**<br>Coach: Liv | – | 6:00–7:30am | – | 6:00–7:30am | 6:00–7:30am | 7:00–9:00am<br>*with Jasmin* |
| **SwimFit**<br>Coach: Liv | – | 6:00–7:30am | – | 6:00–7:30am | 6:00–7:30am | – |
| **Sharks**<br>Coach: Jasmin | – | – | – | – | – | 7:00–9:00am |
| **AFTERNOON** | | | | | | |
| **Seals**<br>Coach: Jasmin | 3:45–4:30pm | 3:45–4:30pm | 3:45–4:30pm | 3:45–4:30pm<br>*with Liv* | 3:45–4:30pm | – |
| **Orcas**<br>Coach: Kate | 4:00–5:15pm | 4:00–5:15pm | 4:00–5:15pm | 4:00–5:15pm | 4:00–5:15pm | – |
| **Sharks**<br>Coach: Jasmin | 4:30–6:30pm | 4:30–6:30pm | 4:30–6:30pm | 4:30–6:30pm<br>*with Liv* | 4:30–6:30pm | – |
| **Age State**<br>Coach: Kate | 4:30–6:30pm | 4:30–6:30pm | 4:30–6:30pm | 4:30–6:30pm | 4:30–6:30pm | – |
| **Age National**<br>Coach: Davide | 4:30–6:30pm | 4:30–6:30pm | 4:30–6:30pm | 4:30–6:30pm | 4:30–6:30pm | – |
| **SwimFit**<br>Coach: Liv | – | 5:00–6:30pm | 5:00–6:30pm | – | 5:00–6:30pm | – |

At NCSC, we strive to provide consistency for our swimmers by maintaining the published coach roster wherever possible. However, coach changes may occasionally be required due to illness, leave, personal commitments, competitions or other club operational needs. Schedules and coach assignments may be adjusted from time to time to meet the evolving needs of our swimmers, coaches and club. Any significant changes will be communicated to members. We thank you for your understanding